



## JENNIF SPA PACKAGE

### Harmony Package 2hr15' / 1,800,000

Harmony package is a quick reward for the day for guests who wanted to experience the art of reflexology and stimulating pressure points under a limited time. A blend of coffee and orange is the basis of removing dead skin, followed by facial treatments, you will feel both relaxed and rejuvenated.

Foot Rest	45'
Coffee & Orange body scrub	45'
Basic Facial Care	45'

### Blooming Life 3hr15' / 2,800,000

Blooming Life package lets the guest relax and revitalize the skin with 90 minutes of Vietnamese traditional massage, followed by 45 minutes Mud wrapping. Next, the guest gets to relish with 60-minutes of Vietnamese facial care that massage and gently exfoliate the facial skin of dead cells. This series of treatment helps with body circulation, relieve stress, and reinvigorate the body for days to come.

Vietnamese Massage	90'
Fresh milk & Mud	45'
Vietnamese Facial Care	60'

### Body & Soul Package 3hr35' / 2,900,000

With Body & Soul Package, the guest enjoy sauna and hot steam from hot stone expands pores and readies the skin for upcoming treatments. The next step is either special technique massage from Asia, followed by 45-minutes wrapping with seaweed. Therapist then finishes off with natural refreshing facial care treatment. It's a wholesome renewal of from the outer-body to within, from head to toe.

Sauna	20'
Asian Blend Massage	90'
Fresh milk & Seaweed	45'
Natural Skin Dream	60'

### Heavenly Relax Package 3hr35' / 3,100,000

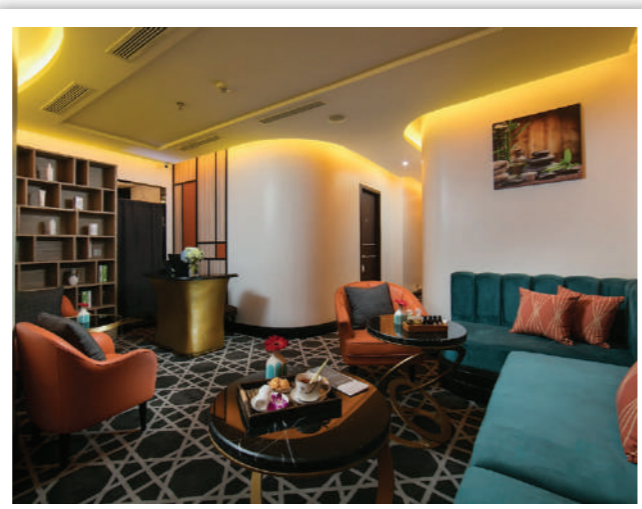
A value combination of Special Foot Treatment and Vietnamese Massage with hot salt stone for guests who need a full break after a long day of activity, especially walking. The final 60-minutes Facial relaxation with collagen mask put an end to all stress as well as brighten facial skin. Revitalization of the skin, the face, and the deep muscle tissues leaves makes you feel like having a fresh, new body, a privilege that only a few have experienced.

Sauna	20'
Himalayan Salt Stone	60'
Special Foot Treatment	75'
Basic facial massage with collagen mask	60'

### The Jennif Package 4hr20' / 4,100,000

An unforgettable package only found at Aurora Spa. This exclusive spa program lets the guest enjoy the lush of Vietnamese Herbs, carefully mixed and match to make the perfect, relaxing scent. The treatments consist of 20 minutes of sauna followed by 90 minutes Herbal Therapy with hot herbal compress and Dead sea salt body scrub. Then enjoy a royal collagen facial therapy and Foot Rest making this a complete package for your entire body. Due to the tropical ingredients used, one would not easily find the opportunity to experience this outside of Vietnam.

Sauna	20'
Herbal therapy	90'
Anti aging special with collagen mask	75'
Dead sea salt & Olive oil body scrub	45'
Foot care	30'



## TRADITIONAL VIETNAMESE THERAPY



**Jennif Spa by Aurora Premium Hotel & Spa**  
2nd Floor, 61 Hang Be, Hoan Kiem, Hanoi, Vietnam  
Hotline: + 84 24 3936 2345  
[www.aurorahotels.vn](http://www.aurorahotels.vn)

Open everyday from 8:00 - 23:00  
Last appointment before 22:00

## RELAXING MOMENT

Sometimes, 30-45 minutes packages also become a precious moment help you relax effectively if your time is short.

### Select the most suitable treatments for you:

Head massage	<b>30'/350,000</b>
Foot Rest	<b>45'/450,000</b>
Head, neck, back and shoulder massage	<b>45'/450,000</b>

## FACIAL

### Facial Care **45'/680,000**

A facial therapy that is designed to clean, exfoliate, and nourish the skin, promote a clear, well-hydrated complexion and can help your skin look younger.

### Natural Skin Dream **60'/900,000**

A facial is essentially a multi-step skin treatment that is one of the best ways to take care of your skin. This luxurious treatment will smooth and softer your complexion through a deep pour cleansing process, followed by skin balancing and nourishing mask which using only natural and organic product.

### Choose the mask that best suitable with you:

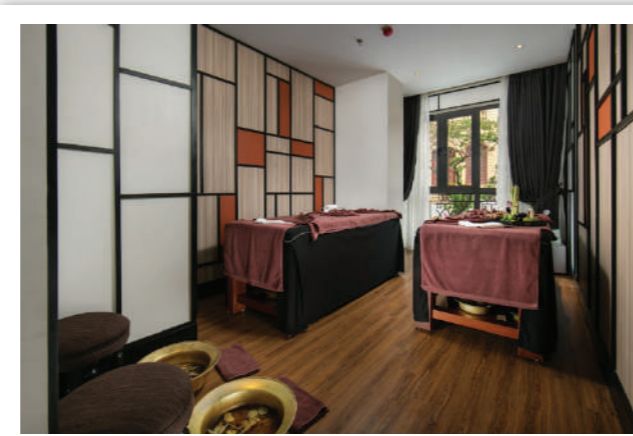
Yoghurt | Green Tea

### Vietnamese Facial Care **60'/930,000**

Rice is rich in antioxidants and nourishing moisturizers. It has anti-aging and anti-wrinkling capabilities. This powder contains Vitamin B which is vital for cell production to keep the skin healthy and rejuvenated. Especially, Vietnam is one of the leading rice producers in the world which is a perfect way to demonstrate how Vietnamese women traditionally have taken care of skin.

### Anti aging special with collagen mask **75'/1,170,000**

The collagen provides special nutrients to the skin, collagen fibers absorb into the skin revitalizing it, helps it maintain moisture and reduces skin pigmentation, wrinkles while lightening skin tone. Combined with a special massage, the result is a deeper stimulation that lifts, firms and enhances production of natural proteins, like collagen and elastic.



## BODY MASSAGE

### Swedish Therapy **60'/90' - 830,000/ 1,100,000**

The Swedish massage focuses on smoothing and gentle pressure to affect positively all the physical functions and systems of the body, such as movement, flexibility, and coordination. So, it increases the blood's oxygen flow, assist in toxin removal from the muscles, enhance mood and reduce stress.

### Vietnamese Massage **60'/90' - 830,000/ 1,100,000**

The Vietnamese traditional massage has been practiced as a medical method of preventing and treating diseases for thousands of years. Pressure point technique focus on knuckling and working out the knots in the muscles that help to warm relax muscles and improve sense of well being.

### Hot Stone Massage **60'/90' - 890,000/ 1,190,000**

As the name implies, hot stone massage uses heated and smooth stones which are moved through wholebody and placed on certain points to warm and loosen tight muscles and balance energy centers in the body,

### Himalayan Salt Stone Treatment **60'/90' - 910,000/ 1,270,000**

Himalayan salt contains more than 80 trace minerals that are absorbed by your body during a hot Himalayan Stone massage, helping to replenish minerals lost during hard workouts or ongoing stress. Your skin will feel more refreshed and lightly exfoliated by the glide from salt stones that are smooth and rounded.

### Herbal Therapy **60'/90' - 980,000/ 1,400,000**

The blend of herbs used in the compresses not only help with aches and pains in the body but also have a relaxing effect on the mind and provide you with a positive boost in energy. Your stress will melt away.

### Thai Massage **75'/90' - 950,000/ 1,100,000**

Using thumb, palm and elbow force to concentrate on Pressure point over the whole body. The total effect of this massage relaxes the whole body not just the physical appearance, but also the mental, emotional, and the spiritual part.

### Asian Blend Massage **75'/90' - 1,100,000/ 1,300,000**

This is a combination of all the best Asian massage therapies. An unique blend of Thai, Vietnamese and Japanese Shiatsu massage techniques, then throwing in some long calculated strokes, stretching, thumb and elbow techniques, and this therapy will releases tensed muscles and energy blockages within the body effectively.

## FOOT CARE

### Foot Massage **60'/75' - 660,000/ 800,000**

Our foot which bears the weight of the whole body, allows locomotion and does a lot of work. To pamper your feet and keep them strong and flexible, give your legs the tender loving care they deserve. Reflexology foot therapy involves applying pressure to certain points in the feet through deep tissue massage. The health benefits of reflexology include its ability to improve the nerve functions, raise energy levels, increase circulation, and much more.

### Hot Stone Foot Massage **60'/90' - 680,000/ 900,000**

Foot massage is actually healing. A very large number of nerve endings are concentrated on the soles are spread in all other parts of the body. So, warmed stones placed on top of one's legs and feet are used in conjunction with reflexology techniques which is perfect remedy, helps release toxin from the muscle, clear away blocked capillaries while balancing your body and spirit.

### Special Foot Treatment **75'/ 960,000**

This treatment blends the great traditional massage with scrubbing away dead skin and paraffin treatment giving your feet a surprising number of health benefits. In addition to soothing and healing the skin, scrubbing and paraffin treatments have many therapeutic benefits for increasing blood flow, relaxing muscles, reducing stiffness in joints, gives thorough care to the whole of your feet as well as creating energy for your entire body.

### Body Scrub **45'**

Using a body scrub regularly will help make your skin look more vibrant and youthful. The nice thing with body scrubs is that you can enjoy a wide array of ingredients without having to worry as much about sensitivity, since the body is usually less sensitive than the face. In Aurora Spa, we use mineral sea salt or natural ingredients to remove impurities and dead cells, while stimulating blood circulation.

### Experience a variety of fragrances:

Coffee & Orange body scrub	<b>800,000</b>
Coconut & Fresh milk body scrub	<b>800,000</b>
Dead sea salt body scrub	<b>940,000</b>

### Body Wrap **45'**

If you would love yourself a good spa treatment while moisturizing your body, cleaning your body from toxins and improving the texture? Body wrap treatment is perfect for you! This treatment use special product have natural vitamin and minerals which is harnessed in a range of effective body treatments.

Yoghurt & Banana **840,000**

Fresh milk & Mud **960,000**

Fresh milk & Seaweed **-990,000**

## EXTRA PAMPERING

### Sauna **20'/ 170,000**

## 90 MINUTES PACKAGE

You don't have enough time to enjoy long package, but you would love more than one treatment. This is reason why we have combined two of our favourite and most popular treatments into great value for packages to maximise the benefits of your 90 minutes.

### Pamer Package **1,260,000**

Vietnamese Body Massage | Refresh Facial

### Cloud 9 Package **1,260,000**

Vietnamese Body Massage | Foot Care